

THE WHITE PAPER #26

KNOW YOUR ENEMY



REAL BEDFORD VS ST. PANTELEIMON

SPARTAN PREMIER DIVISION

SAT 16TH SEPTEMBER '23 - 3.00 PM

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VICE CHAIRMAN: CONOR MCCORMACK
CEO: EMMA FIRMAN
SECRETARY: NEIL MCCORMACK
MEDIA: WILL ROBERTS

BACKROOM STAFF:

MANAGER: ROB SINCLAIR
ASSISTANT MANAGER: MARK DUCKET
COACH: PETE THORNES
GOALKEEPING COACH: IAN BROWN
PHYSIO: LOTTIE BURTON
KITMAN: GERRY MCCORMACK
GROUNDKEEPER: JACK MUDGE
CLUB HISTORIAN: GEOFF SEAGRAVE

REAL BEDFORD LADIES:

CHAIR: JILL UPTON
MANAGER: DEAN PERRETT
ASSISTANT MANAGER: JOE PERRETT
COACH: GEORGIA CLARKE
GOALKEEPING COACH: JOHN FROST
PHYSIO: TREVOR FROST

BEDFORD PARK RANGERS:

CHAIR: JAY ALLISON

CLUB HONOURS:

22/23 SPARTAN DIVISION ONE WINNERS
22/23 BEDS COUNTY CUP WINNERS

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AYLESBURY VALE DYNAMOS

Real Bedford continued their fine form on the road with a hard-fought 4-1 victory at Aylesbury Vale Dynamos.

Under the Tuesday night lights, The Pirates won again to remain unbeaten in the league with a victory over a tricky Aylesbury Vale Dynamos.

Real Bedford started the game with a big scare, as a back pass from Eddie Corbit to Tyler McGregor wasn't dealt with by either Real Bedford player. Despite making an admirable save, McGregor could not defend a lobbed follow-up effort from Sam Olawale, which found its way into the back of the net, only for the linesman to raise his flag, ruling out the goal for offside.

A few minutes later, the home team were causing more trouble for The Pirates. Abu Kahn dispossessed Ben Stevens, and the midfielder set up Lewis Workman for a one-on-one. However, the Aylesbury striker failed to get his shot on target.

Real Bedford looked to take control of the game after that and, at the 30-minute mark, got the breakthrough they were looking for. A well-timed through ball from Charlie Smith found Archie Jones in the box before he was brought down by Aylesbury's Antonio Ianelli, leaving the referee to point to the spot. Luke Knight stepped up and slotted it past the keeper to get Bedford off the mark and give the captain his second goal from 12 yards in as many games.

Ten minutes later and after continued possession from Bedford, they found themselves in on goal. Once again playing provider, Charlie Smith beamed a pass upfield to Ben Stevens, who applied a delicate touch to put through Archie Jones. Despite being under considerable pressure from the Aylesbury defence, Jones got enough of a touch to poke the ball past the keeper and into the back of the net to double Real Bedford's lead.

However, the deficit wasn't long-lived, as Aylesbury got one back in the dying moments of the first half. A counterat-



AMOS MATCH REPORT

tack sparked by Fabian Garcia allowed Abu Khan to play a looped cross towards the back post. With most Real Bedford players tracking back from the previous corner, an unmarked Jake Baldwin found space and could nudge it home, bringing the home side back into the game at the halftime oranges.

Second Half

The Pirates continued their composure on the ball in the second half, looking to protect their lead, and soon restored their two-goal cushion after the break. Lee Watkins found Josh Setchell in space out wide, and the winger accelerated forward into the box before being brought down by Dino Bonwick, giving the referee little option but to call for another penalty. Luke Knight once again dispatched the spot kick similarly to extend Bedford's lead again.

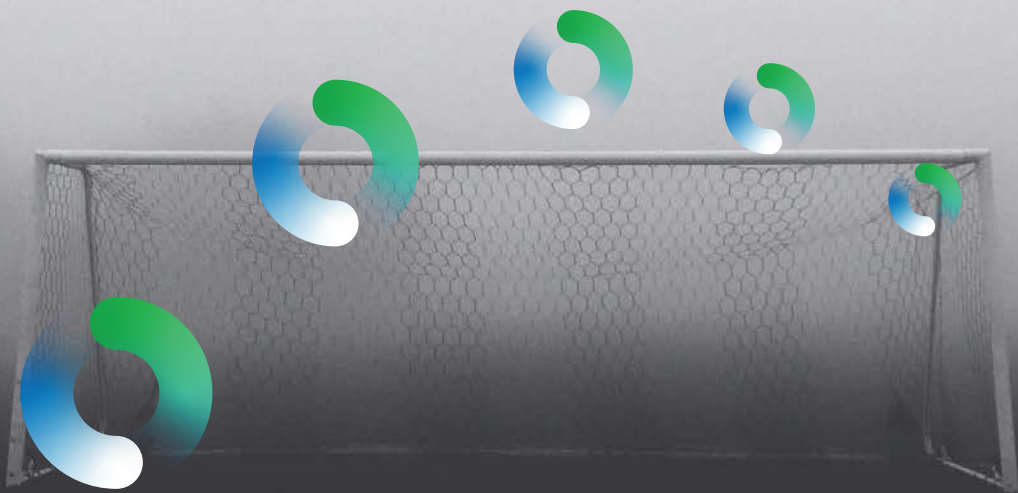
To make matters worse for the home side, Aylesbury had a player sent to the sin bin just before the penalty, leaving them a man down for 10 minutes. Bedford took advantage of the extra

man. Firstly, a long-range shot from Archie Jones fired just wide preceded a teasing effort from Josh Setchell, which rattled off the crossbar.

The final goal did eventually arrive. Good counterattacking play from Real gave Charlie Smith the ball in the midfield, who delivered the ball to Joey Evans, who held up play and put Mo Ahmed through with a tempting pass. The substitute used his speed to get to the ball ahead of the keeper before chipping it over Charlie Jones and into the back of the net providing Rob Sinclair's men with the perfect conclusion to a testing game.

RBFC: McGregor, Corbit, Burgess, Wood, Knight ©, Smith, Stevens (Ahmed 74'), Watkins, Evans, Jones (Gordon 87'), Setchell

Unused Subs: Bozward, J.Ducket, Clifford



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FROM THE DRESSING ROOM

I want to give a warm welcome to the manager, staff, players, and directors of St. Panteleimon.

This game marks the final fixture in a large block of Spartan South Midlands Premier Division games after competing predominately in Cup action during the first month of this season. To come into this game having only conceded 1 goal and scoring 18 in those four games is a testament to the work the players are putting in during the week in training. Hopefully, we can continue with another positive result this afternoon.

This particular block of games has, of course, not come without its challenges. The sheer volume of football matches players have to get through during the season certainly puts extra strain on bodies. Still, we are so fortunate to have Lot-tie, our lead sports therapist, on hand on match days to ensure players are ready for the 90 minutes and during the week. Her guidance and expertise have ensured that we have kept players at their best throughout the start of this season whilst also ensuring players returning from long-term injuries are integrated into the squad at a good time for them.

This long block of fixtures also puts added strain on the pitch. With British

weather seemingly unable to make its mind, it has been so valuable to have the McMullen Park pitch available to train and play on no matter the conditions. A big thank you must go to groundsman Jack Mudge, who works tirelessly to allow both the men's and ladies' teams to play their football on one pitch.

Further afield, we have been fortunate to have the services of Mike Nolan assisting us with our scouting endeavours. Mike's work allows the team to fully prepare for the opposition we face in any competition. His knowledge and perception of the game means we can produce relevant tactics for each opponent we play, which is a massive benefit to us on match days.

Thank you must, as always, go to the tireless fans who have continued to support the club throughout the start of the campaign. These last few games have certainly proved that you are willing to support the team come rain or shine, which is invaluable to us as a club and the players on the pitch, who thrive off the amazing atmosphere that is created at McMullen Park.

Rob Sinclair,
Manager



FROM THE BOARDROOM

I'm writing from Beirut, where I am making a documentary about Lebanon's economic crisis.

My job takes me off the beaten track, and on these travels, I've observed the destructive power of weak institutions, high inflation and pervasive corruption - and the pattern is always the same.

High inflation, often underestimated in Western countries, disrupts public services and erodes infrastructure. For Lebanon, this was tragically evident on August 4th 2020, when an explosion ripped through the city following the negligent storage of 2,750 tonnes of ammonium nitrate, devastating Beirut's port and resulting in the loss of over 200 lives.

Many explanations exist for why Lebanon is in crisis, often blaming other outside influences or religious tensions. Still, whoever is to blame, the outcome is the same when a country's leadership prioritises personal gain over public

welfare.

A consequence of this failure in governance is the nation's energy predicament, where extended blackouts are the norm and only a couple of hours of power come from the grid each day.

Reliable access to energy and a stable monetary system is fundamental for societal growth and stability, and without them, economic development stagnates or declines. However, despite this adversity, the people of Lebanon are resilient:

Their response to a failing national currency was to transition to using dollars. Their response to extended blackouts was to build local energy sovereignty, where mini-local grids have arrived, optimising for a mix of grid, solar and generator energy.

Not only have I witnessed the ingenuity of the individual, but I have met those looking to scale solutions. Organisations such as Rebirth Beirut are at the



forefront of these efforts. They are working diligently on projects to restart street and traffic lights, benefiting local communities and businesses.

We in the West take for granted a stable energy grid. Driving through a dark Beirut and witnessing my driver navigate a busy crossroads without traffic lights reminded me that we should take nothing for granted.

Observing Lebanon's situation reminds me of a broader perspective: no country is exempt from such challenges. I've seen economic stressors in numerous places globally and can recognise the signals within the UK that we may face our own challenges, and I worry about how much worse it can get.

We, too, face many issues: substantial governmental debt, increasing financial obligations, and a propensity towards taxation and money printing. Coupled with rising interest rates and recessionary pressures, it is clear that we face

some difficult choices ahead as the financial burdens on the government grow into a weakening economy. We need a more balanced approach with efficient government, a focus on free markets, reduced taxation, and sustainable fiscal planning. We build strength outside of government, not because of them.

Turning to football, I want to congratulate my manager, Rob Sinclair, for winning every game during my absence and our ladies' manager, Dean Perrett, for their recent success at Wroxham, maintaining their 100% record. As I travel for work, I know the club is in good hands.

Let's hope we get another three points this afternoon.

Peter McCormack,
Chairman



THE BIG INTERVIEW

This week, we sat down with Real Bedford's star striker, Joey Evans. Having recently picked up Goal of the Month and Player of the Month accolades, Evans has settled into life at McMullen Park incredibly well, already finding himself on the scoresheet a dozen times this season. Joey speaks about his time out of football, university life and his dad's influence on his game.

You haven't stopped scoring goals since you got here. How much are you enjoying your time at the club?

I've honestly loved playing here so much. The coaches have been really helpful with making small tweaks to my game, which I think are making big differences. But the culture and environment here give me the confidence to play my best and enjoy it, which I have been doing on and off the field with a great group of lads.

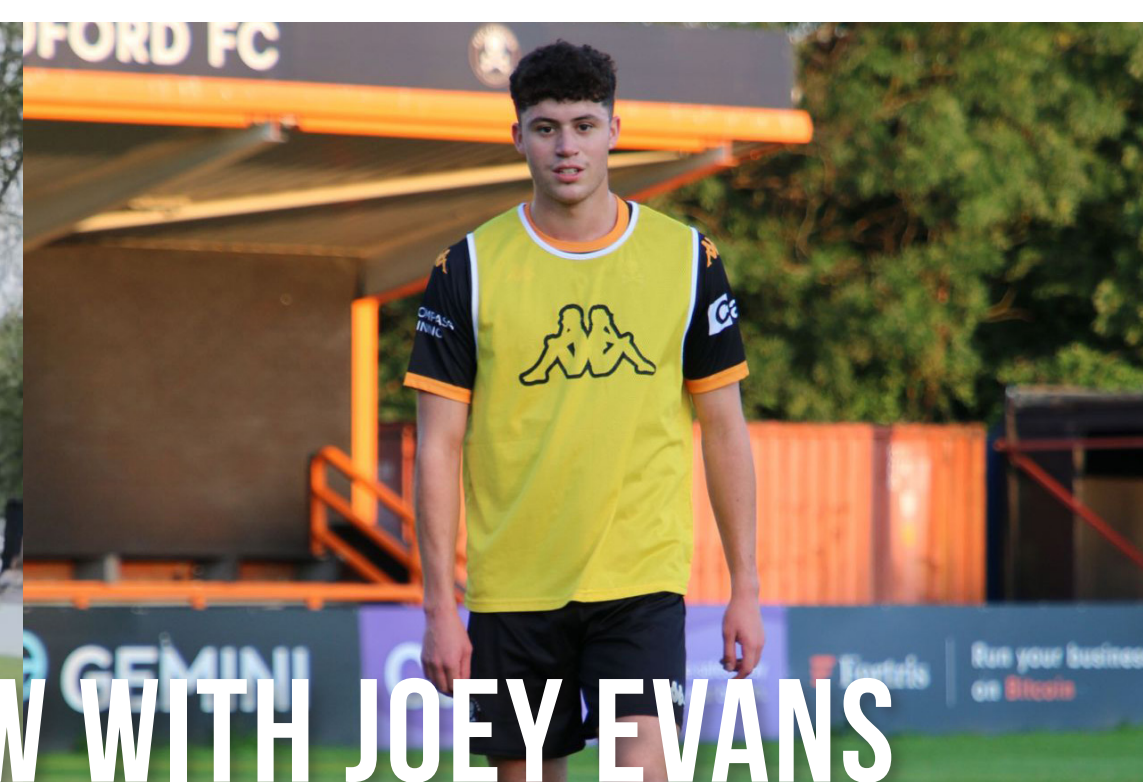
You were previously at MK Dons during your youth. How were your teen-

age years with football?

My time at MK Dons certainly had its ups and downs. I was asked to play in a lot of positions, which has certainly helped my game in the long run. But like any academy, you have to have a bit of luck as well as skill, and things just didn't sit well with me there, so despite getting asked to come back for their pre-season. I decided to pursue other parts of my life outside of football.

You have taken the opportunity to go to university alongside playing football. What made you choose to go down the higher education pathway?

At the start of last year when I joined the university I thought my footballing days were over really. So it's been a case of actually balancing football with university rather than the other way around! I think it's important to give yourself every chance possible to succeed in life, and having a degree will certainly help me in the long run.



How come you got yourself back into football and to where you are today?

It's a funny story really. I remember a few of my mates were playing at Moulton and had asked me to come down and play one random Saturday. I had a big night out the day before, so actually turned up to the game a bit hungover, not really expecting much from it. I then scored a hat-trick in that game and that feeling of scoring goals again just hooked me and brought me back into the game, and I haven't really looked back since.

Your dad has been to every game so far this season and is someone you tend to speak to straight after the final whistle. How much do you value his support?

He always tells me he is my number one fan, which I am so grateful for. Football is something we have always bonded over. Since I was very young he has always been dedicated to helping me pursue my footballing dreams whether

it is taking me to games, giving me tips and things to work on or hearing his cheers when I score, I don't know what I would have done without him. Parents play such a crucial part in any footballer's career, especially in the early years, but I am lucky that he is still able to help me and be there for me week in and week out, especially considering the form I am in!

What are you expecting from our visitors St. Panteleimon today?

They're on a good run of form, unbeaten in their last four games as well as sitting above us in the table. They'll certainly be a tough test and we will have to put in a much better performance than we did on Tuesday if we want to get all three points. But I'm excited to get out there, playing at McMullen Park is a really enjoyable experience at the moment so hopefully I can contribute to a positive result this afternoon.



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HASH
WE'VE GOT THE
CASH

NOT THAT KIND OF HASH...



TEAMMATES

TYLER MCGREGOR



Who doesn't stop running during a game?

Eddie Corbit, I swear the guy has about 6 lungs. It's non-stop!

Who's always got a new haircut?

It's hard to say. A lot of the boys are smart when they get their haircuts to avoid fines...

Who's always last to leave the training pitch?

Joey Evans, always working to better himself after training

Who's most likely to become a manager when they retire?

Luke Knight, basically like having a manager on the pitch when he plays!

Who has the best dress sense?

CJ has a good dress sense when he's not wearing those stilts for trainers

You're stranded on a deserted island, which teammate would you most like stuck with?

Charlie Smith, just seems to make something out of nothing so hopefully that would help...

Who's the biggest joker?

Tom Wood, I have no idea how he has so much energy all the time!

Best mate in the squad?

Joey Evans

STACK FRIENDS WHO STACK SATS

Orange Pill App



Nakamoto 10 miles
I like to make fun of myself while giving out bitcoin to strangers. I also report, make content and do jOurNaLism for Cointelegraph.
Telchur | 27 | www.thewranglings.com

15 miles
I like to make fun of myself while giving out bitcoin to strangers. I also report, make content and do jOurNaLism for Cointelegraph.
Telchur | 27

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I like to make fun of myself while giving out bitcoin to strangers. I also report, make content and do jOurNaLism for Cointelegraph.
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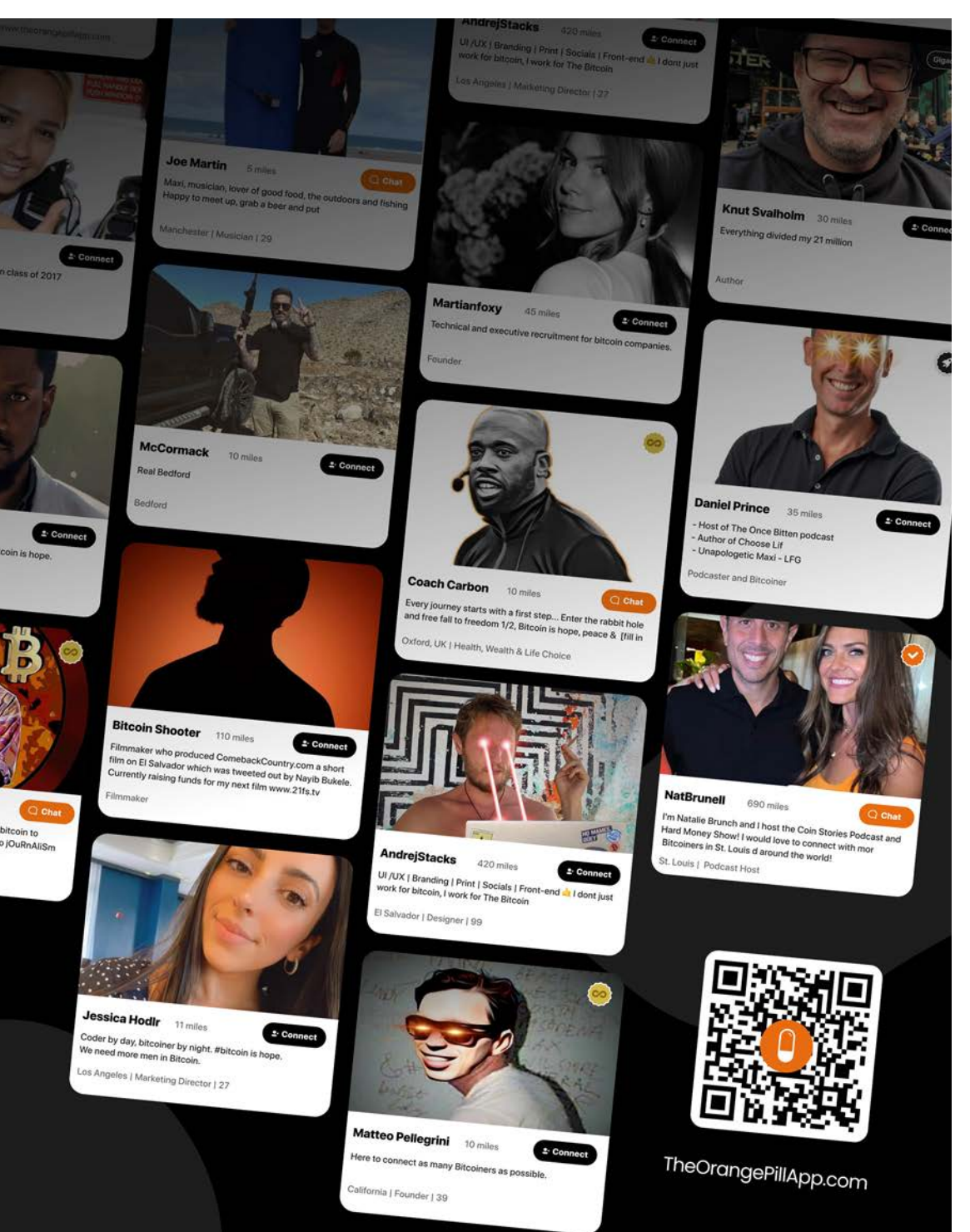
Julian 11 miles
Co-Founder & CEO @Relat Europe's most popular Bitcoin Channel! Forbes 30u30
Los Angeles | 30

Darvin Otero 110 miles
Bitcoin Builder CEO/Founder at @TeamUApp first Salvadoran bitcoin-only startup Bitcoin Maximalist #codingTeam, Master Degree in Computer Science
Los Angeles | Marketing Director | 27

MKW 10 miles
adrenaline, adventure & Bitcoin class of
Florida | 35

DMeadows 50 miles
Coder by day, bitcoiner by night. #bitcoin is hot
London | 29

Joe Nakamoto 5 miles
I like to make fun of myself while giving out bitcoin to strangers. I also report, make content and do jOurNaLism for Cointelegraph.
Lisbon | Journalist



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in class of 2017

coin is hope.

bitcoin to
o JOURnAlSm

Joe Martin

5 miles

Maxi, musician, lover of good food, the outdoors and fishing
Happy to meet up, grab a beer and put

Manchester | Musician | 29

AndreiStacks

420 miles

UI /UX | Branding | Print | Socials | Front-end I dont just
work for bitcoin, I work for The Bitcoin

Los Angeles | Marketing Director | 37

Knut Svalholm

30 miles

Everything divided my 21 million

Author

McCormack

10 miles

Real Bedford

Bedford

Martianfoxy

45 miles

Technical and executive recruitment for bitcoin companies.

Founder.



Coach Carbon

10 miles

Every journey starts with a first step... Enter the rabbit hole
and free fall to freedom 1/2, Bitcoin is hope, peace & [fill in
Oxford, UK | Health, Wealth & Life Choice

Daniel Prince

35 miles

- Host of The Once Bitten podcast
- Author of Choose Life
- Unapologetic Maxi - LFG

Podcaster and Bitcoiner

Bitcoin Shooter

110 miles

Filmmaker who produced ComebackCountry.com a short
film on El Salvador which was tweeted out by Nayib Bukele.
Currently raising funds for my next film www.21fs.tv

Filmmaker

AndreiStacks

420 miles

UI /UX | Branding | Print | Socials | Front-end I dont just
work for bitcoin, I work for The Bitcoin

El Salvador | Designer | 99

NatBrunell

690 miles

I'm Natalie Brunch and I host the Coin Stories Podcast and
Hard Money Show! I would love to connect with mor
Bitcoiners in St. Louis d around the world!

St. Louis | Podcast Host

Jessica Hodlr

11 miles

Coder by day, bitcoiner by night. #bitcoin is hope.
We need more men in Bitcoin.

Los Angeles | Marketing Director | 27

Matteo Pellegri

10 miles

Here to connect as many Bitcoiners as possible.

California | Founder | 39

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St. Panteleimon FC (nicknamed “The Saints”) was established within the Greek Orthodox Community in Harrow - NW London in 2015, to create a sporting and family based team. Our philosophy is the provision of a safe and supportive community setting, encouraging skills development, fitness, fair play and teamwork.

As of April 2018 St. Panteleimon FC achieved The FA Charter Standard Club Award, presented by the Middlesex FA, now England Football Accredited.

We strive to provide an inspirational and motivational environment where preparation, practice and hard work generate legitimate opportunities for success, while emphasising the importance and development of fundamentals and techniques necessary for positive experiences in football and in life, creating a consistently exciting and entertaining programme that generates a wave of support, pride, and tradition for our entire community to share.

The Team was blessed by His Eminence Archbishop Gregorios



of Thyateira and Great Britain.

Our team competed in the Cypriot KOPA League for two seasons, winning the double in 2016, as Second Division champions and Cup winners. In the 2017-18 season the “Saints” entered the English Football Association system, joining the Middlesex County Football League Division 1, and were promoted as undefeated Champions!

The 2018-19 season proved even more successful with the Saints claiming the Middlesex County Football League Premier

Division Double registering only one loss for the entire year, winning the Championship and the Cup! We were also honoured to participate for the first time in our early history in the FA Vase, reaching the first round proper, after succeeding in the first two qualifying rounds.

With four successive promotions, St Panteleimon FC have risen to Step 5 and play in the Cherry Red Combined Counties Premiership and look forward to the challenges ahead.





REAL BEDFORD FC

HARTAN SOUTH MIDLANDS / DIVISION ONE

WINNERS

2022/23

FIXTURE LIST

AUGUST '23

1	MK IRISH	1 - 0 (W)
5	FC CLACTON *	2 - 2 (D)
12	COCKFOSTERS	1 - 1 (D)
15	FC CLACTON *	4 - 1 (W)
19	MK IRISH *	3 - 4 (L)
26	ROTHWELL CORINTHIANS **	9 - 1 (W)
29	ARLESEY TOWN	0 - 3 (W)

SEPTEMBER '23

2	TRING ATHLETIC	0 - 4 (W)
9	SAWBRIDGEWORTH TOWN	7 - 0 (W)
12	AYLESBURY VALE DYNAMOS	1 - 4 (W)
16	ST PANTELEIMON	H
23	FLACKWELL HEATH **	H
30	LONDON LIONS	A

OCTOBER '23

7	COLNEY HEATH	H
10	BIGGLESWADE UNITED	A
14	STANSTED	H
24	LEIGHTON TOWN FIRST ***	H
28	CRAWLEY GREEN	A
31	STANSTED	A

NOVEMBER '23

4	ARLESEY TOWN	H
18	AYLESBURY VALE DYNAMOS	H
25	BALDOCK TOWN	A
28	POTTON UNITED	H

* FA CUP MATCH
 ** FA VASE MATCH
 *** BEDS SENIOR COUNTY CUP

DECEMBER '23

2	HARPENDEN TOWN	A
9	LEVERSTOCK GREEN	A
16	FC ROMANIA	A
23	CRAWLEY GREEN	H
27	SHEFFORD TOWN & CAMPTON	A
30	COCKFOSTERS	H

JANUARY '24

6	LEVERSTOCK GREEN	H
13	ST PANTELEIMON	A
20	DUNSTABLE TOWN	H

FEBRUARY '24

10	HARPENDEN TOWN	H
17	BIGGLESWADE UNITED	H
20	DUNSTABLE TOWN	A
24	FC ROMANIA	H

MARCH '24

12	LONDON LIONS	H
12	MK IRISH	A
12	COLNEY HEATH	A
12	SHEFFORD TOWN & CAMPTON	H

APRIL '24

2	POTTON UNITED	A
6	TRING ATHLETIC	H
6	TRING ATHLETIC	H
20	SAWBRIDGEWORTH TOWN	A

PLAYER PROFILE

Full name: Eddie Corbit

Nickname: Corbz

Date of Birth: 21st November 2003

Place of Birth: Stevenage

Previous Clubs: Luton Town

Favourite Team: Tottenham

Favourite Player: Kevin De Bruyne

Most memorable footballing moment: Winning the league and cup double last year

Occupation: Plumber

Hobby: Gaming



MATCHDAY SQUAD



V



REAL BEDFORD

TYLER MCGREGOR
ALFIE BOZWARD
LEWIS BURGESS
JOE STEELE
TOM WOOD
CURTIS HARTLEY
MATT CLIFFORD
JAMES DUCKET
OLLIE SWAIN
BEN WALSH
REV KALEK
LUKE KNIGHT ©
LEE WATKINS
CHARLIE SMITH
ARCHIE JONES
BEN STEVENS
EDDIE CORBIT
BEN FITZJOHN
JOSHUA SETCHELL
MO AHMED
CLASTON GORDON
KEVIN OWUSU
ANDY SINCLAIR
TOM HITCHCOCK
JOEY EVANS

MANAGER - ROB SINCLAIR
ASSISTANT MANAGER - MARK DUCKET
COACH - PETER THORNES
GOALKEEPER COACH - IAN BROWN
PHYSIO - LOTTIE BURTON
KITMAN - GERRY MCCORMACK

ST PANTELEIMON

LINCON MARQUES
MICHAEL FRANGESKOU
CLAYTON ALFONSO
RENZO ALVES
EMERSON PILONETTO
AHMED ZAGHLOUL
ALEX ANDROUTSOS
AHMED DOUKHI
GUILHERME MONTI
JONATHAN MOURA
COURTNEY MASSAY
AYUB ALBADRI
GEORGE ANDROUTSOS
DEAN MORGAN
EMERSON SILVA

MANAGER: GEORGE FRANGESKOU
ASST. MANAGER: COSTAS MINA
PHYSIO: GEORGE MINA

REFEREE: PAVLOS ANATASI
ASSISTANT 1: KEVIN DUNNINGS
ASSISTANT 2: RUSSELL SHACKLOCK